



Rules and Behavior

DEAR radKIDS PARENT:

We are looking forward to working with your child. radKIDS is a dynamic and exciting program where your child will learn about safety awareness and physical defense. In order to foster the best learning environment possible, we have developed the following sets of rules and discipline procedures. They will be followed for the duration of the program. Please go over them with your child and sign and return the attached form. If you have any questions or concerns, please feel free to contact your child's Instructor(s).

radKIDS Class Rules:

1. Walk; don't run unless you are told to do so by Instructor.
2. Keep hands, feet, and other objects to yourself.
3. Use a quiet voice unless otherwise directed by Instructor.
4. Raise your hand and wait to be called on.
5. Follow all directions of your Instructor.
6. Be polite and respectful of others in your class.
7. Ask questions.
8. Do not use equipment without permission.
9. No competing or practicing with classmates.
10. Report any injuries right away.
11. No horseplay.
12. When you see the closed fingers raised, it is a signal for you to be quiet.

radKIDS Discipline:

If a child chooses not to follow a rule, the Instructor will warn him/her that they need to adjust their behavior. After 2 warnings, the child will have to sit out one activity. If disruptive or dangerous behavior continues, child will have to sit out remainder of class and parent/legal guardian will be contacted.

For severe disruptions such as fighting or hitting*, the child's parent/legal guardian will be contacted and the child will not be allowed to continue participating in that day's class.

**Please explain to your child that there will be a time when he/she is asked to hit padded targets and a mannequin. At those times, hitting is okay.*



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I have reviewed the radKIDS Rules and Behavior Procedures with

_____.

(Child's name)

Signature: _____

(Parent or Legal Guardian)

Date: _____